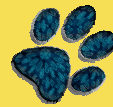
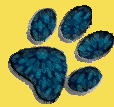


## PANTHERS COACHES CORNER

February 12, 2010

Panthers Coaches, please look for tips to be posted regularly on team building skills that can be used in your day to day coaching routines.



*The shorter the meeting and the fewer things you say, the more your players will hear and remember. Several 3-minute conversations are more effective than one 15-minute conversation.*

*As coaches you all realize that having team meetings whether it be pre or post practice or pre or post game is very important but did you know that the kids absorb so much more in a few small bursts than in one long speech?*